



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

4-H News

Hickman County



February 2023

Cooperative Extension Service

Hickman County
329 James H Phillips Drive
Clinton, KY 42031
(270) 653-2231
Fax: (270) 653-4754
extension.ca.uky.edu

Welcome friends,

We want you to follow our social media. Hickman County 4-H is on Facebook and Instagram! Go search us out- like, follow, and share! Remember that sharing is caring. We are still looking for Cloverbud leaders (Grades K-3) and 4-H Camp Adult Leaders. We cannot camp without adult volunteers.

All the best,

Melissa Goodman

Melissa Goodman, Extension Agent for 4-H Youth Development Education

Turn the page for more fun

Hey, 4-Her's, show us your art! The [Hickman County Memorial Library](#) would like to display 4-Her's artwork on the gallery wall. Items accepted in any medium (paint, pencil, photography, etc.) and must be 8x10 or smaller. Drop artwork by the Hickman County Extension Office by Feb. 3.



4-H GROWS HERE

How can we make a difference?

*Donate to
4-H Camp
Scholarships*

2022-23

Hickman County
4-H Membership
Forms completed!

66 Members

Help us grow



What we are excited about?

*Upcoming
4-H Summit for
Middle School
Students Grades 6-8*

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.



Learning & Meeting Calendar

Topic	Date and Time	Location and Age Group
4-H Sewing Club	February 1, February 4, February 8, February 13, February 15, February 20, February 22, February 27@ 3:00 PM	Hickman County Extension Ages 9-18
Ready, Set Run Club	February 2, February 7, February 9, February 16, February 21, February 23, February 28 @ 3:00 PM	Hickman County Extension Grades 3-12
Reality Store	February 3 @ 8:00-12:00 PM	HCMS/HCHS 8th and 10th Grades
4-H Council	February 13 @ 5:00 PM	Hickman County Extension Open to New Members
4th Grade 4-H Clubs	February 15 @ 6th period February 16 @ 6th period	Mrs. Hughey Mr. Hawkins
4-H Creative Arts Club	February 20 @ 3:00 PM	Hickman County Extension Ages 8-18
Chamber Leadership Project Day	February 21 @ 8:00 -12:00	Hickman County Chamber Leadership Students
4-H 5th and 6th Grade Clover Club	February 22 @ 3:00 PM	Hickman County Extension Grades 5th and 6th
HCMS 4-H Middle School Club	February 24	HCMS Grades 7-8
HCHS 4-H High School Club	February 24	HCMS Grades 9-12
4-H County-Wide Teen Council	February 27 6:00 PM	Hickman County Extension Grades 7-12

"To Make the Best Better"



4-H SUMMIT

MIDDLE SCHOOL LEADERSHIP CONFERENCE

MARCH 16-18

MEET MIDDLE SCHOOLERS FROM ACROSS
THE STATE! CHOOSE WORKSHOPS OF INTEREST
TO YOU, PARTICIPATE IN A COMMUNITY
SERVICE PROJECT AND MUCH MORE!

Attention Middle School Youth Grades 6th-8th!

Here's an exciting 4-H Leadership Trip set for March 16-18, 2023!

Registrations forms are available from the Hickman County Extension - 4-H office.

Registration forms and a \$125 fee are due by Feb. 17th, but it's first come, first serve for only 11 spots, so don't delay! Transportation is provided from the 4-H office to West KY 4-H Camp in Dawson Springs!

Leadership | Nightly Dances | Time w/ Friends | West KY 4-H Camp at Dawson Springs

HCCHS 4-H Middle School and HS Teen Club will meet February 24 on HC Club Day. We will be signing up for volunteer hours and talking about area opportunities!



KENTUCKY 4-H WRITTEN COMMUNICATIONS CONTEST

The 4-H Written Communications Contest is a state level competition for youth ages 9-18 who have a passion for writing.

Categories include:

Songwriting
Poetry
Original Monologue
Press Release
Public Service Announcement
"What 4-H Means to Me" Essay



Email mgoodman@uky.edu for 4-H written Communications Contest participant packet. Deadline to enter is February 24 at noon. County winners go to state!

Meetings start back February

You can join anytime! Bus will drop at the office with parent note.

**JOIN US EVERY OTHER MONDAY
AFTERSCHOOL FOR
4-H SEWING CLUB**

ALL SKILLS LEVELS. AGES 9-18.

4-H Sewing Club starts Monday and Wednesday after school from 3:00-4:30 with club leader, Mrs. Linda Lawrence. Call 270-653-2231 to sign up. If you have a machine, bring it. If not, we will have machines available. Youth must have a 2022-23 4-H enrollment form on file.



Quote of the Month

“Character is power.” – Booker T. Washington (1856-1915)

Learn more: <https://www.doi.gov/american-heroes/booker-washington>

How can I keep up with Hickman County 4-H?



Sign up for Hickman County 4-H Remind. Our Remind Code is 4h-hc. You can text the message @4h-hc to the number 81010 or On your iPhone or Android, open your web browser and got to the follow link: rmd.at/4h-hc



Sign Up for our Digital News, by scanning the QR code to the left and filling out the form. 4-H Focus will be a way to quickly disseminate information about County, Area and State 4-H Programs.



@hickmanco4H



@hickmanco4H





February County-Wide 4-H Teen Council

6:00 PM for pajama party games and meeting. We will be electing officers. Call the office by Friday, February 24 to let us know you are coming!

Ask about 4-H Teen Conference - June 2023 - You will not want to miss it!

Teen Leadership Roundup

We are so excited about bringing back this youth-led event and we have an awesome youth committee working hard to make it a success. The Round-Up will be held on Friday, March 3, from 9:00 am – 3:00 pm at the McCracken County Extension Office. Registrations will be due to me by February 17. Open to Grades 6th-12th.



W1/W2 4-H AREA



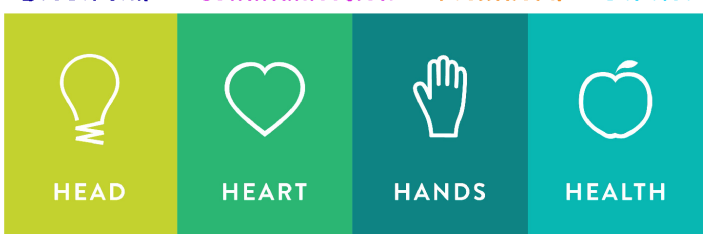
TEEN LEADERSHIP ROUND-UP

Dress in NEON!

Shine Bright for 4-H!

An experience by teens and for teens in the areas of:

Leadership » **Communication** » **Teamwork** » **Service**



Who: W1/W2 Area youth in grades 6-12

When: Friday, March 3, 2023, 9:00 AM-3:00 PM

Where: McCracken County Extension Office

FUNSHOPS » **TEAMWORK CHALLENGES** » **FREE PIZZA**
SERVICE PROJECTS » **ICEBREAKERS** » **SNACKS & MORE!**

Planned, led, & sponsored by the W1/W2 Area 4-H Teen Council. \$5 registration. To register or for more information, contact the Hickman County Extension Office.

Cooperative Extension Service
 Agriculture and Natural Resources
 Family and Consumer Sciences
 4-H Youth Development
 Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
 LEXINGTON, KY 40546





4-H Clovers Club for 5th & 6th Grade Students will start meeting afterschool!

5th and 6th Grade Students have a new 4-H club meeting afterschool at the Hickman County Extension Office from 3:00-4:15 on Wednesday, February 22. The school bus will drop off at the Extension Office with a parent note. Youth must have a 2022-23 4-H enrollment form on file. Please call the office to register- 270-653-2231.

BUSH STADIUM WELCOMES 4-H FAMILIES, VOLUNTEERS & FRIENDS

Hosted by Missouri 4-H



ST. LOUIS CARDINALS VS LOS ANGELES DODGERS SATURDAY, MAY 20 @ 6:15 PM

- Tickets \$30 (all sales are final/no refunds)
- Includes Cardinals / 4-H t-shirt
- Participate in a parade around the field
- Transportation on your own
- Order deadline is 11:59pm March 31, 2023
- Option to purchase a 20th Anniversary baseball cap
- \$1 each raffle chances to throw out the first pitch*

*Must be a 4-H member

Register online at:

<https://extension.missouri.edu/events/4-h-day-with-the-cardinals-2023>



Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
LEXINGTON, KY 40546



Disabilities accommodated with prior notification.





4-H Communications Contest

three ways to compete



More information coming soon! Stay up to date by subscribing to digital media and/or following social media



Speeches

Ages 9-18
Any Topic
9-13 3-5 min.
13-18 5-7 min.



Demos

Demonstrations
Ages 9-18
5-15 minutes
Poster req'd



Interviews

Mock Interviews
Ages 14-18
Resume Required



Hickman County Communications Contest

April 18, 2023



Kentucky Department of Fish and Wildlife Resources

Certificate Number 1119630	Certification Date 4/30/15
Birth Date 08/22/89	Instructor Hunter Ed

JOHN HUNTER
123 ANY STREET
ANYTOWN, ST 12345-0000
USA



HUNTER EDUCATION CARD



Working on getting an instructor-led Hunter's Safety Class scheduled with KY Fish and Wildlife here in Hickman County. This two-evening class would include the range session and be open to youth and adults (nine years old and older).

We can train adults during this time to become Hunter Education Volunteer Instructors (this would allow for greater local, flexible opportunities). Let me know if you are interested in this opportunity by calling the Hickman County Extension Office- we will add you to our notification list for pre-registration information.



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service



*Volunteers
Needed*

**HICKMAN COUNTY 4-H IS IN NEED OF
VOLUNTEERS FOR 4-H SUMMER CAMP 2023**

For questions contact us at 1-270-653-2231



**To pick up a volunteer application packet
stop by the Hickman County Extension Office
at 329 James H Phillips Drive, Clinton, KY 42031**



**4-H SUMMER CAMP IS JULY 10TH
THROUGH JULY 14TH 2023**

Melissa Goodman
Hickman County Agent for 4-H
Youth Development



KENTUCKY 4-H CAMPING

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.

GOODWILL MEETS 4-H

• UPCYCLE CHALLENGE •

OVERVIEW

Each participant (must be in grades 8-12 to participate) will receive a \$20 Goodwill voucher for the purpose of collecting materials from their local Goodwill store. Vouchers can **ONLY** be used at Goodwill locations listed on www.goodwillky.org/4H.

Participants will use their sewing skills to revamp the items, turning something old into something new, based on the 4-H upcycling guidelines.



PHOTO GUIDELINES

Each participant may only submit **ONE** before photo and **ONE** after photo, and they must be wearing or holding their items in each photo. Photos must be taken using **vertical/portrait orientation**. When submitting photos via email, please include the participant's first and last name and the Goodwill store at which their items were found.

DATES

FEBRUARY 26: FINAL day to sign up with your 4-H agent

MARCH 6: Goodwill vouchers will be mailed/distributed

APRIL 14: Deadline to submit photos to lauren.deitering@goodwillky.org

APRIL 24-28: Voting will take place on Goodwill's Facebook & Instagram (@goodwillky)



PRIZES

1st place: Teen Conference registration + \$100 Goodwill gift certificate

2nd place: \$150 toward Teen Conference registration + \$50

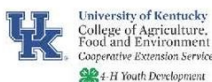
Goodwill gift certificate

3rd place: \$40 Goodwill gift certificate

4th place: \$30 Goodwill gift certificate

5th place: \$20 Goodwill gift certificates

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental health disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture and Kentucky Counties, Cooperating.
Lexington, KY 40504



Cooperative Extension Service | Agriculture and Natural Resources
Family and Consumer Sciences | 4-H Youth Development | Community and Economic Development

